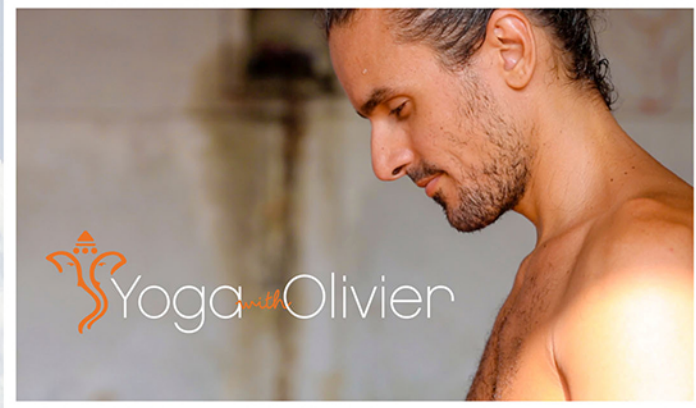


# Mozambique Ashtanga Retreat with Olivier David



Sept 3rd - Sept 17th

This will be a 2 week long Ashtanga Retreat in the beautiful & peaceful Tofo, Mozambique.

Included:

- ▷ Daily mysore practice
- ▷ The best Vegan brunch and dinner
- ▷ Ocean Safari
- ▷ One surf lesson or two surf board rentals
- ▷ The most incredible sunrises, sunsets and whale watching.
- ▷ Workshops on strength building, alignment, breathing method & Sitting practice.

Private room \$2000 and shared room \$1500. Spots are limited so reserve yours fast!  
(Flights not included)

For more Info contact [Olivierj david@gmail.com](mailto:Olivierj david@gmail.com)

